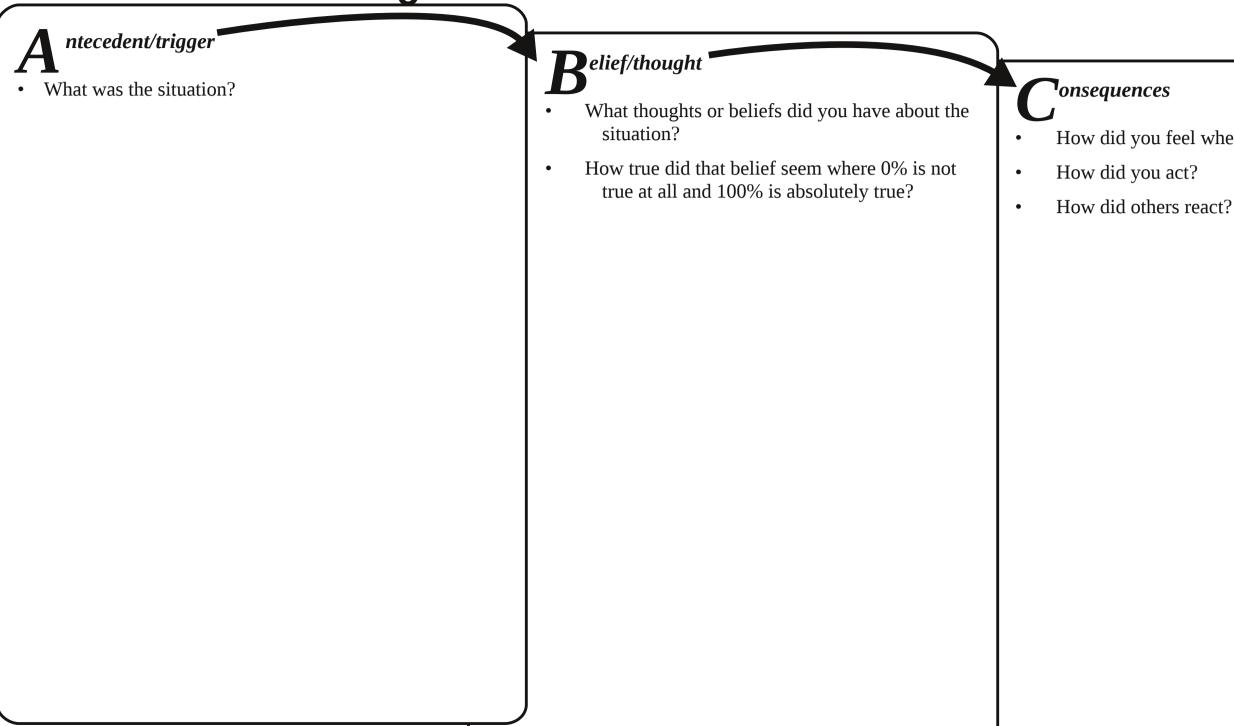
ABC belief monitoring sheet



How did you feel when the situation happened?